





North Yorkshire Learning Disability Partnership Board - Minutes

March 29	These are the minutes for the North Yorkshire Learning Disability Partnership Board on Friday 29 March 2019. We met at the Goosecroft Centre, Northallerton.
<image/>	 1. Welcome and Introductions Sam Suttar and Jim Martin welcomed everybody. Sam explained the meeting rules and housekeeping. Jim told us about what we will do today. We all congratulated Christopher Porter for winning the Craven Citizen of the Year Award.
minutes	 2. Previous Minutes and Actions We agreed the minutes from our last meeting were accurate with a small change to show that Rebecca Buckle, Margaret Webb and Lindsay Allen were at the meeting. Shanna Carrell told us what happened with the action points from the last meeting. We decided that several actions were finished and we agreed to take them out of the action log.



⁵Live Well, Live Longer⁹ Learning Disabilities Strategy for North Yorkshire 2017 to 2022 Easy read version





3. Live Well, Live Longer Delivery Group progress report

The Group told us about meeting in York in February. They talked about action plans for:

- Annual Health Checks
- Accessible information
- More people to know about self-advocacy

Action plans are nearly finished but the Annual Health Checks plan has four 'red' actions which Jonathan and Victoria will now lead.

Action: Jonathan and Victoria to give update at next Partnership Board.

The Board approved the following finished work with the official Partnership Board stamp:

- Easy read health action plan survey
- Sharing annual health check flyers
- Easy read checklist
- Watch easy read videos

There is some funding to support projects but we have to be careful how we spend it. We can do things for free like telling people about our work. Niki said the Moving On booklet is a good example of the Board's positive impact and has been really valuable. This booklet is on the Partnership Board web page.

Shanna told us good news about the Accessible Information Standard letter which has been sent to 900 health and social care organisations. Sam asked if other organisations would receive the letter like Courts, Councils and Houses of Parliament.

The letter could be changed to send to other sorts of service to tell them why it is important that they are accessible for disabled people. It was agreed that we should talk about this at local forums. The Board gave approval to share the letter with other groups.	
4. Claire Canavan, Healthwatch North Yorkshire	
Claire told us about her job as Community Outreach Co-ordinator for Healthwatch North Yorkshire.	
They have a survey called 'What would you do?' about local priorities for the NHS: <u>https://healthwatchnorthyorkshire.co.uk/what- would-you-do/</u>	
She talked about Enter and View which is when they visit services and see what can be better. They would like self-advocates to help as volunteers. Volunteers are paid expenses for their travel.	
Sam said that the Partnership Board would like to get involved but wondered about accessible information. Claire agreed this was important. She said that she will make some easy read information about Enter and View.	
5. Transitions for young disabled people – Cara Nimmo, NYCC Head of Care & Support; Karl Podmore, Disabled Children & Young People's Service Manager	
Cara talked about plans to make transitions better. This is when young people move from children's social care to adults' social care.	

They want feedback to make transition easier, more supportive and gradual so there are no sudden changes for people and families.

Adult social care will work with people from 16 years of age so that everyone can get used to the changes over 2 years. This will start in June 2019 and go slowly until 2021 to make sure everyone is happy and it is working well.

There will be a Transitions Board. Karl said it will include managers and children and young people who have been through the process. They will ask young people to name the board. Cara told us that they want the Partnership Board to be involved somehow too.

Thelma said the biggest change was benefits and making sure that people get the right support for example to access forms. Cara said there would be support for planning and applications from the age of 17.

Karl said support is available with respite and short breaks for parents and carers. Margaret said respite is important to teach people independence but carers need support too.

Cara said transitions will focus more on individuals because people have different needs. She said there will be some challenges but this focus on young people is important.

Action: Shanna invited Cara and Karl back to the Board for an update at a later date.



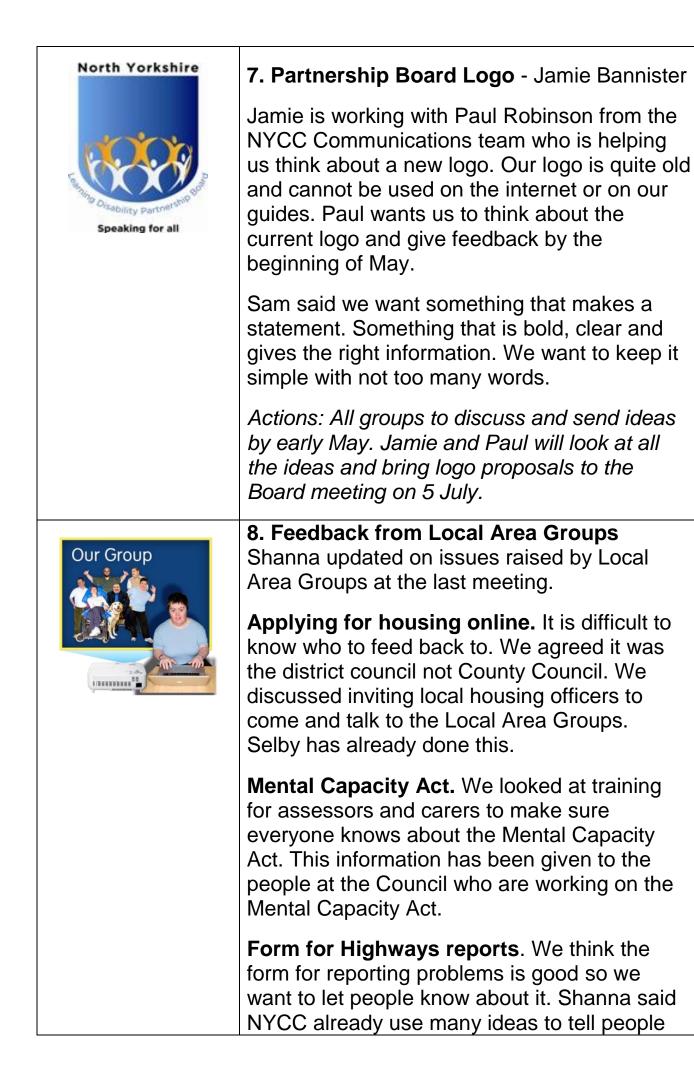


6. Partnership Board Work Plan

Shanna talked about things we will be working on this year. There are lots of excellent ideas but we can't do everything. We need to look at the most important things. Main proposals are:

- Getting more people involved in our work – including people with complex needs, more family carers, and more people at our Local Area Groups.
- 2. Working better together this means organising our different meetings better. Ideas include new Terms of Reference and a communication plan so we can share our work with people. Sam would like to help with the Communication Plan.
- 3. **Health task group –** this means making the county and local health task groups work better with clearer connections. We also want more health people involved in groups.
- 4. Continue to work on Live Well, Live Longer action plans
- 5. **New projects** –these are the projects that we all agree are important to work on, for example the work on Keeping Safe that people have requested. This includes Safe Places.

Everyone agreed that these are good ideas.



	 about how to report problems but it would be good if self-advocates could tell people they know as well. Named Social Workers. We talked about wanting a worker who knows you and has your information. Niki said that the Practice Team were looking at all the feedback. We agreed that the easy read letter about who to speak to needs to be made clearer.
	Council Contact Centre . We talked about how it was difficult to get through the contact centre to speak to the people we need to speak to and suggested that when we call, they find the best person to call us back.
	9. Getting the Right Kind of SupportWe split into groups and talked about getting the right kind of support. See attached notes.
North Yorkshire HEALTH TASK GROUP	10. North Yorkshire Health Task Group Mark Hamblin gave feedback from the last North Yorkshire Health Task Group in October. They have new Terms of Reference which are ready to share with other groups.
Speaking for all	The Health Task Group voted to agree on the most important priorities. Training of Health Care professionals was top of the list. This will be one of our Live Well Live Longer action plans.
2019 2029	We heard about the NHS 10 Year Plan. Many ideas in the plan are things that the Health Task Group is already talking about. We talked about flu jabs and took leaflets to give to people we knew.

	Hambleton and Richmondshire Local Area Group are writing a letter about hospital passports and why they are important.
	Christopher is going to the Healthy Lives meetings for people who live in Bradford and Craven. The next meeting is in Craven in May.
	11. Inclusion North Members Day
inclusion	Celestino told us about the Inclusion North Members Day in York in January. They did a lot of group work and talked about what things look like for us and for families if we are getting support right. People also talked about personal budgets and how to get the best out of life by using these budgets.
	12. Safe Places update - Lesley Dale, NYCC
Torkshire Safe Safe place Pro- borkshire Safe Pro-	Lesley told us about making Safe Places work better. She said 186 businesses are now Safe Places but there are some issues.
	Lesley's team visited Safe Places in Skipton and Scarborough. They found some shops that signed up are now closed. In others, some staff are not sure what Safe Places is.
	They are looking at how to get more Safe Places and make sure that more people know about it. Sam suggested making a video showing how to use Safe Places that could be added to the Partnership Board website. Lesley said they don't have a communications plan yet.
	They want to make Safe Places work better and want ideas from us on how to do this. Before Phase 2 can start we all agreed that Phase 1 needed to be right first. They are

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	working to get it right for the beginning of next year.	
	Lesley asked self-advocates if they want to help make Safe Places better, and for their ideas about how they could help. Stuart and Mark both want to help Lesley's team with visiting Safe Places locations in Scarborough.	
	Mark asked why we're not signed up to the National Scheme. Lesley said she would look into this. Rebecca said there are no Safe Places in the Ryedale area. Lesley said they know and it will be looked at.	
	Action: all groups to discuss and send their ideas to Lesley by the beginning of June.	
	13. CQC accessible information group	
Care Quality Commission	Christopher told us about the work that he has been doing with CQC and other self-advocates to make CQC reports easier to read and understand. Christopher said that they are slowly making improvements.	
	He told us that PhotoSymbols might want self- advocates to model for their photos!	
	13. Summary and close	
July 5	Jim gave a summary of the things we talked about today. Sam thanked everyone for coming.	
	Our next Partnership Board meeting is Friday 5 th July in Scarborough.	

Attendees

Co-Chairs	North Yorkshire County Council
Thelma Thomas – H&R LAG	Cara Nimmo
Katie Peacock – C&H LAG	Niki Benstead
Jim Martin – SWR LAG	Ruth Austen
Steve Grant - Selby LAG	Shanna Carrell
	Jamie Bannister
Self-Advocates	Victoria Marshall
Julie Dodsworth	Lesley Dale
Mary Dodsworth	Clare Willerton-Trory (Minutes)
Sam Suttar	Jonathan Prince
Christopher Porter	Pete Wood
Stewart Finnes	
Amanda Hamblin	Keyring Self-advocacy Support
Mark Hamblin	Karen Murray
Rebecca Buckle	Kath Heat
Celestino Consado-Fernandez (and Steve Burke)	Kim Sanders
Jayne Miles	Jodie Sarfraz
	Vicky Millson
Family carers	
Eleanor Burkett	Guests
Margaret Webb	Claire Canavan – HealthWatch
	North Yorkshire
	Michelle Hagger – Harrogate and Rural District CCG

Apologies: Lynne Taylor, TEWV NHS Foundation Trust; Lindsay Allen, Family Carer